

Stickney Counseling

At Stickney Counseling, we can help you regain control of your life. With our team of diverse experts, we offer a variety of services tailored to your needs. From individual therapy, play therapy, child therapy, couples therapy, and family therapy, we provide comprehensive care.

We support individuals in achieving harmony and stability by equipping them with effective tools for managing challenges and delving into root causes to promote self-awareness and improved relationships.

Many other therapeutic approaches fail to prioritize your unique situation, which may lead to dependency on the therapist or leave you feeling stuck. At Stickney Counseling, we understand that your circumstances are unique, so each approach we use is customized for you and focused on achieving meaningful outcomes.



Stickney Counseling

1201 US-1 Suite 230, North Palm Beach, FL 33408

+15613448959

Opening hours

Monday	9 AM–8 PM
Tuesday	9 AM–8 PM
Wednesday	9 AM–8 PM
Thursday	9 AM–8 PM
Friday	9 AM–8 PM
Saturday	9 AM–5 PM
Sunday	Closed

[Therapy](#)

[EMDR](#)

[DBT](#)

[CBI](#)

[Mental health](#)

[Trauma](#)

[child therapy](#)

[Anxiety](#)

[Depression](#)

[personality disorder](#)